

From Place to Plate: A Food Journey

Trace a simplified food journey and recognise that production, transport and consumption connect places.

LEARN • PRACTISE • CREATE • REFLECT

Original BrightPencil Kids resource - adult-led where appropriate

A4 edition • 12 purposeful pages • review copy

Print. Learn. Grow.

Grown-up guide

Learning objective

Trace a simplified food journey and recognise that production, transport and consumption connect places.

Use this pack well

- Model the first example aloud, then let the learner try.
- Ask “How do you know?” more often than “Are you finished?”.
- Use real objects, talk, movement or observation when the activity suggests it.
- Stop or shorten the session if attention or enjoyment drops.
- Open-ended pages can have many successful answers.

Quality note

This resource was written originally for BrightPencil Kids. Curriculum sources informed scope and progression only; no third-party worksheet or story text is reproduced.

Learn the idea

1 Food can pass through several places and processes before it is eaten.

2 Climate and land can influence what is grown or produced.

3 Transport and storage help connect producers and consumers.

Talk about it

Explain one idea in your own words. Give an example from real life, a drawing or an object if that helps.

Sequence a fictional apple journey: orchard, packing, transport, shop, home.

Identify which stages change the food and which mainly move/store it.

Compare a locally grown seasonal food with an imported fictional example without judging families' choices.

Explain why accurate country-of-origin information should come from labels or reliable sources, not guesses.

Draw a flow diagram for one familiar food using broad stages.

Try it beyond the page

Real-world / hands-on connection

Inspect a food label with an adult and identify only factual origin/storage information that is clearly printed.

Before you finish

What did you notice?

What evidence, object or example helped you?

What would you change if you tried again?

Create something

Your project

Create a “journey card” for a fictional food product showing five stages and one question for further research.

Use this space for planning, drawing, mapping, designing or notes.

CHALLENGE

Think deeper

1. Does every food follow the same journey?

2. Why can climate matter in food production?

3. What is safer than guessing where a food came from?

Quick review

1. In one sentence, explain the big idea of “From Place to Plate: A Food Journey”.

2. Draw or write one example that shows you understand.

3. Choose one activity from this pack and explain the strategy you used.

4. Write one question you still have.

Answer & discussion notes

Use these as guidance, not scripts. Open questions can have different successful responses when the reasoning is sensible and evidence-based.

1. Suggested response

No.

2. Suggested response

Different plants/animals and production methods suit different conditions.

3. Suggested response

Check reliable labels or sources.

Review before publication

Check age fit, factual accuracy, clarity, accessibility, rights provenance and whether the activity works in practice. This file remains a review copy until those checks are signed off.

FINISH

My learning reflection

I finished this BrightPencil learning pack.

One thing I understand better now:

A strategy that helped me:

Something I created or noticed:

My next small question or goal:

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