

GRADE 5 LEARNING PACK

Learning Goals: Plan, Monitor, Adapt

Use a plan-monitor-adapt-reflect cycle for increasingly independent learning.

LEARN • PRACTISE • CREATE • REFLECT

Original BrightPencil Kids resource - adult-led where appropriate

A4 edition • 12 purposeful pages • review copy

Print. Learn. Grow.

Grown-up guide

Learning objective

Use a plan-monitor-adapt-reflect cycle for increasingly independent learning.

Use this pack well

- Model the first example aloud, then let the learner try.
- Ask “How do you know?” more often than “Are you finished?”.
- Use real objects, talk, movement or observation when the activity suggests it.
- Stop or shorten the session if attention or enjoyment drops.
- Open-ended pages can have many successful answers.

Quality note

This resource was written originally for BrightPencil Kids. Curriculum sources informed scope and progression only; no third-party worksheet or story text is reproduced.

Learn the idea

1 Specific goals make progress easier to observe.

2 Monitoring compares current evidence with the goal.

3 Changing strategy can be a sign of effective self-regulation.

Talk about it

Explain one idea in your own words. Give an example from real life, a drawing or an object if that helps.

Build a clear model or organiser that shows: Specific goals make progress easier to observe.

Use supplied evidence to test this idea: Monitoring compares current evidence with the goal.

Compare two cases and explain where this principle matters: Changing strategy can be a sign of effective self-regulation.

Find one weak claim or assumption and revise it so it matches the evidence.

Write a short conclusion that states evidence, limitation and next question.

Try it beyond the page

Real-world / hands-on connection

Choose one low-stakes learning goal with a parent/teacher and review the strategy after several sessions.

Before you finish

What did you notice?

What evidence, object or example helped you?

What would you change if you tried again?

Create something

Your project

Create a private weekly learning plan with goal, strategy, evidence, check point and adjustment.

Use this space for planning, drawing, mapping, designing or notes.

CHALLENGE

Think deeper

1. Is changing strategy the same as giving up?

2. What should monitoring compare?

3. Why keep goals specific?

Quick review

1. In one sentence, explain the big idea of “Learning Goals: Plan, Monitor, Adapt”.

2. Draw or write one example that shows you understand.

3. Choose one activity from this pack and explain the strategy you used.

4. Write one question you still have.

Answer & discussion notes

Use these as guidance, not scripts. Open questions can have different successful responses when the reasoning is sensible and evidence-based.

1. Suggested response

No.

2. Suggested response

Current evidence with the goal or success criteria.

3. Suggested response

They make next actions and progress clearer.

Review before publication

Check age fit, factual accuracy, clarity, accessibility, rights provenance and whether the activity works in practice. This file remains a review copy until those checks are signed off.

FINISH

My learning reflection

I finished this BrightPencil learning pack.

One thing I understand better now:

A strategy that helped me:

Something I created or noticed:

My next small question or goal:

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