

GRADE 1 LEARNING PACK

Plants We Use Every Day

Recognise ways plants contribute to food, materials, environments and daily life.

LEARN • PRACTISE • CREATE • REFLECT

Original BrightPencil Kids resource - adult-led where appropriate

A4 edition • 12 purposeful pages • review copy

Print. Learn. Grow.

Grown-up guide

Learning objective

Recognise ways plants contribute to food, materials, environments and daily life.

Use this pack well

- Model the first example aloud, then let the learner try.
- Ask “How do you know?” more often than “Are you finished?”.
- Use real objects, talk, movement or observation when the activity suggests it.
- Stop or shorten the session if attention or enjoyment drops.
- Open-ended pages can have many successful answers.

Quality note

This resource was written originally for BrightPencil Kids. Curriculum sources informed scope and progression only; no third-party worksheet or story text is reproduced.

Learn the idea

1 Many foods come from plant parts.

2 Plant materials can be used for paper, fabric, wood and more.

3 Using plants responsibly includes caring for environments and avoiding waste.

Talk about it

Explain one idea in your own words. Give an example from real life, a drawing or an object if that helps.

Match foods to plant parts: carrot/root, apple/fruit, lettuce/leaf, peas/seeds.

Identify three household items that began as plant material.

Sort examples into food, material, medicine/care, habitat/support.

Explain why trees can be valuable beyond making wood.

Plan a “plant trail” around a room using safe objects that came from plants.

Try it beyond the page

Real-world / hands-on connection

With an adult, inspect labels or objects and find three things that come from plants.

Before you finish

What did you notice?

What evidence, object or example helped you?

What would you change if you tried again?

Create something

Your project

Create a “from plant to product” sequence for paper, bread or cotton clothing.

Use this space for planning, drawing, mapping, designing or notes.

CHALLENGE

Think deeper

1. Which part of a carrot plant do people usually eat?

2. Name one non-food plant product.

3. Why is reducing waste useful?

Quick review

1. In one sentence, explain the big idea of “Plants We Use Every Day”.

2. Draw or write one example that shows you understand.

3. Choose one activity from this pack and explain the strategy you used.

4. Write one question you still have.

Answer & discussion notes

Use these as guidance, not scripts. Open questions can have different successful responses when the reasoning is sensible and evidence-based.

1. Suggested response

Root.

2. Suggested response

Paper/wood/cotton etc.

3. Suggested response

It conserves materials/resources and reduces disposal.

Review before publication

Check age fit, factual accuracy, clarity, accessibility, rights provenance and whether the activity works in practice. This file remains a review copy until those checks are signed off.

FINISH

My learning reflection

I finished this BrightPencil learning pack.

One thing I understand better now:

A strategy that helped me:

Something I created or noticed:

My next small question or goal:

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